Introduced by Assembly Members Berg and Levine

February 17, 2005

An act to add Chapter 3.95 (commencing with Section 7195) to Part 1 of Division 7 of the Health and Safety Code, relating to death.

LEGISLATIVE COUNSEL'S DIGEST

AB 654, as introduced, Berg. California Compassionate Choice Act.

Existing law authorizes an adult to give an individual health care instruction and to appoint an attorney to make health care decisions for that individual in the event of his or her incapacity pursuant to a power of attorney for health care.

This bill would enact the California Compassionate Choice Act, which would authorize an adult who meets certain qualifications, and who has been determined by his or her attending physician to be suffering from a terminal disease, as defined, to make a request for medication for the purpose of ending his or her life in a humane and dignified manner. The bill would establish procedures for making these requests.

This bill would further provide that no provision in a contract, will, or other agreement, or in a health care service plan contract, policy of disability insurance, or health benefit plan contract, shall be valid to the extent it would affect whether a person may make or rescind a request for medication for the purpose of ending his or her life in a humane and dignified manner. The bill would prohibit the sale, procurement, or issuance of any life, health, or accident insurance or annuity policy, or the rate charged for any policy, from being conditioned upon or affected by the request. The bill would require

AB 654 -2 -

that nothing in its provisions be construed to authorize ending a patient's life by lethal injection, mercy killing, or active euthanasia, and would provide that action taken in accordance with the act shall not constitute suicide or homicide.

This bill would provide immunity from civil or criminal liability or professional disciplinary action for participating in good faith compliance with the act. This bill would also provide that willful alteration or forgery of a request with certain intent, and coercion or exertion of undue influence on a patient to make a request, are felonies, thereby imposing a state-mandated local program.

This bill would require the State Department of Health Services to adopt regulations regarding the collection of information to determine the use of and compliance with the act, and would require the department to annually review a sample of certain records and make a statistical report of the information collected.

The California Constitution requires the state to reimburse local agencies and school districts for certain costs mandated by the state. Statutory provisions establish procedures for making that reimbursement.

This bill would provide that no reimbursement is required by this act for a specified reason.

Vote: majority. Appropriation: no. Fiscal committee: yes. State-mandated local program: yes.

The people of the State of California do enact as follows:

SECTION 1. Chapter 3.95 (commencing with Section 7195) is added to Part 1 of Division 7 of the Health and Safety Code, to read:

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Chapter 3.95. California compassionate choice Act

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13 14 Article 1. General Provisions

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7195. (a) The Legislature believes that dying patients should have choices throughout the continuum of palliative care and that much must be done to improve access to hospice care and pain management. The Legislature finds that medical studies have shown that between 5 and 10 percent of dying patients experience severe pain and suffering that cannot be palliated by

-3- AB 654

the best hospice or comfort care. The Legislature finds that in response to the Death with Dignity Act in the State of Oregon, that the referrals to hospice increased significantly. In addition, doctors significantly increased the use of morphine and other strong pain medications, thus improving the end-of-life care for more dying patients.

- (b) (1) It is the intent of the Legislature that the choice of physician-assisted dying, as defined in this chapter, be viewed as an end–of–life option for dying patients.
- (2) It is the intent of the Legislature that the provisions of this chapter be strictly construed and not expanded in any manner. The restrictions and safeguards in the provisions of this chapter are based on the intent of the Legislature to balance the personal and autonomous choice of dying patients regarding the time and manner of their death and the Legislature's goal of providing safeguards to ensure that there are not instances of a coerced, unwanted, or early death by a vulnerable dying patient.
- (3) It is the intent of the Legislature that a disability or age alone are not reason for a patient to be a qualified patient as defined in subdivision (*l*) of Section 7195.1. Any disabled individual or elderly person, and any physician who is the attending physician to these individuals, must strictly comply with all of the provisions of this chapter. Strict and rigorous attention must be evidenced in distinguishing chronic conditions, which are not eligible conditions under this chapter, and terminal illnesses, which are eligible, as described in this chapter.
- 7195.1. For purposes of this chapter the following definitions shall apply:
- (a) "Adult" means an individual who is 18 years of age or older.
- (b) "Attending physician" means the physician who has primary responsibility for the care of the patient and for treatment of the patient's terminal disease.
- (c) "Capable" means that in the opinion of a court or in the opinion of the patient's attending physician or consulting physician, a patient has the ability to make and communicate health care decisions to health care providers, including communication through persons familiar with the patient's manner of communicating if those persons are available.

40 Incapable means not capable.

 $AB 654 \qquad \qquad -4 -$

(d) "Consulting physician" means a physician, other than the attending physician, who is qualified by specialty or experience to make a professional diagnosis and prognosis regarding the patient's disease.

- (e) "Counseling" means a consultation between a state licensed psychiatrist or psychologist and a patient for the purpose of determining whether the patient is suffering from a psychiatric or psychological disorder, or depression causing impaired judgment.
- (f) "Health care provider" means a person licensed, certified, or otherwise authorized or permitted by the law of this state to administer health care in the ordinary course of business or practice of a profession, and includes a licensed health care facility.
- (g) "Health care facility" means any health facility described in Section 1250.
- (h) "Informed decision" means a decision, made by a qualified patient, to request and obtain a prescription to end his or her life in a humane and dignified manner, that is based on an appreciation of the relevant facts, and is made after being fully informed by the attending physician of all of the following:
 - (1) His or her medical diagnosis.
 - (2) His or her prognosis.
- (3) The potential risk associated with taking the medication to be prescribed.
- (4) The probable result of taking the medication to be prescribed.
- (5) The feasible alternatives, including, but not limited to, comfort care, hospice care, and pain control.
- (i) "Medically confirmed" means the medical opinion of the attending physician has been confirmed by a consulting physician who has examined the patient and the patient's relevant medical records.
- (j) "Patient" means a person who is under the care of a physician.
- (k) "Physician" means a doctor of medicine or osteopathy licensed to practice medicine by the Medical Board of California.
- (1) "Qualified patient" means a capable adult who is a resident of California and has satisfied the requirements of this chapter in

5 AB 654

order to obtain a prescription for medication to end his or her life in a humane and dignified manner.

- (m) "Resident" means a person who has lived in a principal place of residence in the State of California for six months or more.
- (n) "Terminal disease" means an incurable and irreversible disease that has been medically confirmed and will, within reasonable medical judgment, produce death within six months.
- 7195.3. An adult who is capable, is a resident of California, has been determined by the attending physician and a consulting physician to be suffering from a terminal disease, and who has voluntarily expressed his or her wish to die, may make a written request for medication for the purpose of ending his or her life in a humane and dignified manner in accordance with this chapter.
- 7195.5. (a) A valid request for medication under this chapter shall be in substantially the form prescribed by Section 7199, signed and dated by the patient and witnessed by at least two individuals who, in the presence of the patient, attest that to the best of their knowledge and belief the patient is capable, acting voluntarily, and is not being coerced to sign the request.
- (b) One of the witnesses shall be a person who is not any of the following:
 - (1) A relative of the patient by blood, marriage, or adoption.
- (2) A person who at the time the request is signed would be entitled to any portion of the estate of the qualified patient upon death under any will or by operation of law.
- (3) An owner, operator, or employee of a health care facility where the qualified patient is receiving medical treatment or is a resident.
- (c) The patient's attending physician at the time the request is signed shall not be a witness.
- (d) If the patient is a patient in a long-term health care facility at the time the written request is made, one of the witnesses shall be an individual designated by the facility and having the qualifications specified in regulations adopted by the State Department of Health Services.

Article 2. Safeguards and Effects

7196. The attending physician shall do all of the following:

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1 (a) Make the initial determination of whether a patient has a 2 terminal disease, is capable, and has made the request 3 voluntarily.

- (b) Inform the patient of all of the following:
- (1) His or her medical diagnosis.
- (2) His or her prognosis.

- (3) The potential risks associated with taking the medication to be prescribed.
- (4) The probable result of taking the medication to be prescribed.
- (5) The feasible alternatives, including, but not limited to, comfort care, hospice care, and pain control.
- (c) Refer the patient to a consulting physician for medical confirmation of the diagnosis, and for a determination that the patient is capable and acting voluntarily.
- (d) Refer the patient for counseling if appropriate pursuant to Section 7196.2.
 - (e) Request that the patient notify next of kin.
- (f) Inform the patient that he or she has an opportunity to rescind the request at any time and in any manner, and offer the patient an opportunity to rescind at the end of the 15-day waiting period described in Section 7196.5.
- (g) Verify, immediately prior to writing the prescription for medication under this chapter, that the patient is making an informed decision.
- (h) Fulfill the medical record documentation requirements of Section 7196.8.
- (i) Ensure that all appropriate steps are carried out in accordance with this chapter prior to writing a prescription for medication to enable a qualified patient to end his or her life in a humane and dignified manner.
- 7196.1. Before a patient is qualified under this chapter, a consulting physician shall examine the patient and his or her relevant medical records and shall, in writing, confirm, the attending physician's diagnosis and that the patient is suffering from a terminal disease and verify that the patient is capable, is acting voluntarily, and has made an informed decision.
- 7196.2. If, in the opinion of the attending physician or the consulting physician, a patient may be suffering from psychiatric or psychological disorder, or depression causing impaired

__7__ AB 654

judgment, either physician shall offer the patient for counseling. No medication to end a patient's life in a humane and dignified manner shall be prescribed until the person performing the counseling determines that the patient is not suffering from a psychiatric or psychological disorder, or depression causing impaired judgment.

7196.3. No person shall receive a prescription for medication to end his or her life in a humane and dignified manner unless he or she has made an informed decision as defined in subdivision (h) of Section 7195. Immediately prior to writing a prescription for medication in accordance with this chapter, the attending physician shall verify that the patient is making an informed decision.

7196.4. The attending physician shall ask the patient to notify the patient's next of kin of his or her request for medication pursuant to this chapter. A patient who declines or is unable to notify next of kin shall not have his or her request denied for that reason.

7196.5. In order to receive a prescription for medication to end his or her life in a humane and dignified manner, a qualified patient shall have made an oral request and a written request, and reiterate the oral request to his or her attending physician no less than 15 days after making the initial oral request. At the time the qualified patient makes his or her second oral request, the attending physician shall offer the patient an opportunity to rescind the request.

7196.6. A patient may rescind his or her request at any time and in any manner without regard to his or her mental state. No prescription for medication under this chapter may be written without the attending physician offering the qualified patient an opportunity to rescind the request.

7196.7. No less than 15 days shall elapse between the patient's initial oral request and the writing of a prescription under this chapter. No less than 48 hours shall elapse between the patient's written request and the writing of a prescription under this chapter.

7196.8. The following shall be documented or filed in the patient's medical record:

39 (a) All oral requests by a patient for medication to end his or 40 her life in a humane and dignified manner. -8-

(b) All written requests by a patient for medication to end his or her life in a humane and dignified manner.

- (c) The attending physician's diagnosis and prognosis, and his or her determination that the patient is capable, acting voluntarily, and has made an informed decision.
- (d) The consulting physician's diagnosis and prognosis, and his or her verification that the patient is capable, acting voluntarily, and has made an informed decision.
- (e) A report of the outcome and determinations made during counseling, if performed.
- (f) The attending physician's offer to the patient to rescind his or her request at the time of the patient's second oral request pursuant to Section 7196.5.
- (g) The attending physician's discussion with the patient of feasible alternatives, including, but not limited to, hospice care, comfort care, and pain control.
- (h) A note by the attending physician indicating that all the requirements of this chapter have been met and indicating the steps taken to carry out the request, including a notation of the medication prescribed.
- 7196.9. Only requests made by California residents under this chapter shall be granted.
- 7197.1. (a) The department shall adopt regulations regarding requirements for the collection of information to determine the use of and compliance with this chapter. The information collected shall not be a public record and shall not be made available for inspection by the public.
- (b) The department shall generate and make available to the public an annual statistical report of information collected pursuant to subdivision (a).
- (c) The department shall annually review a sample of records maintained pursuant to this chapter.
- 7197.3. (a) No provision in a contract, will, or other agreement, whether written or oral, to the extent the provision would affect whether a person may make or rescind a request for medication to end his or her life in a humane and dignified manner, shall be valid.
- 38 (b) No obligation owing under any contract in existence on or 39 before January 1, 2006, shall be conditioned or affected by the

9 AB 654

making or rescinding of a request by a person for medication to end his or her life in a humane and dignified manner.

- (c) No health care service plan contract, as defined in subdivision (r) of Section 1345, shall be conditioned upon or affected by the making or rescinding of a request by a person for medication to end his or her life in a humane and dignified manner. Any such contract provision shall be invalid.
- (d) No provision of a policy of disability insurance or a health benefit plan contract that provides coverage for hospital, medical, or surgical expenses pursuant to Part 2 (commencing with Section 10110) of Division 2 of the Insurance Code shall be conditioned upon or affected by the making or rescinding of a request by a person to end his or her life in a humane and dignified manner. Any such policy provision shall be invalid.
- 7197.5. The sale, procurement, or issuance of any life, health, or accident insurance or annuity policy or the rate charged for any policy shall not be conditioned upon or affected by the making or rescinding of a request by a person for medication to end his or her life in a humane and dignified manner. A qualified patient's act of ingesting medication to end his or her life in a humane and dignified manner in accordance with this chapter shall not have an effect upon a life, health, or accident insurance or annuity policy.
- 7197.7. Nothing in this chapter shall be construed to authorize a physician or any other person to end a patient's life by lethal injection, mercy killing, or active euthanasia. Actions taken in accordance with this chapter shall not, for any purpose, constitute suicide, assisted suicide, mercy killing, or homicide, under the law.

Article 3. Immunities and Liabilities

7198. Except as provided in Section 7198.5:

- (a) No person shall be subject to civil or criminal liability or professional disciplinary action for participating in good faith compliance with this chapter. This includes being present when a qualified patient takes the prescribed medication to end his or her life in a humane and dignified manner.
- (b) No professional organization or association, or heath care provider, may subject a person to censure, discipline, suspension,

AB 654 — 10 —

loss of license, loss of privileges, loss of membership, or other penalty for participating or refusing to participate in good faith compliance with this chapter.

- (c) No request by a patient for or provision by an attending physician of medication in good faith compliance with this chapter shall constitute neglect for any purpose of law or provide the sole basis for the appointment of a guardian or conservator.
- (d) No health care provider shall be under any duty, whether by contract, by statute, or by any other legal requirement to participate in the provision to a qualified patient of medication to end his or her life in a humane and dignified manner. If a health care provider is unable or unwilling to carry out a patient's request under this chapter, and the patient transfers his or her care to a new health care provider, the prior health care provider shall transfer, upon request, a copy of the patient's relevant medical records to the new health care provider.
- 7198.5. (a) A person who, without authorization of the patient willfully alters or forges a request for medication or conceals or destroys a rescission of that request with the intent or effect of causing the patient's death, shall be guilty of a felony.
- (b) A person who coerces or exerts undue influence on a patient to request medication for the purpose of ending the patient's life, or to destroy a rescission of such a request, shall be guilty of a felony.
- (c) Nothing in this chapter limits liability for civil damages resulting from other negligent conduct or intentional misconduct by any person.
- (d) The penalties in this chapter do not preclude criminal penalties applicable under other law for conduct that is inconsistent with this chapter.

Article 4. Severability

7198.9. Any section of this chapter that is held invalid as to any person or circumstance shall not affect the application of any other section of this chapter that can be given full effect without the invalid section or portion thereof.

—11— AB 654

1	Article 5. Form of the Request
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3	7199. A request for a medication as authorized by this chapter
4	shall be in substantially the following form:
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7	REQUEST FOR MEDICATION
8	TO END MY LIFE IN A HUMANE AND DIGNIFIED MANNER
9	TO END WIT BILL IN A HOMEN DE PROPRIED MANNALE
0	I,, am an adult of sound mind.
1	I am suffering from, which my attending physician has
2	determined is a terminal disease and which has been medically confirmed by
3	a consulting physician.
4	I have been fully informed of my diagnosis, prognosis, the nature
5	of the medication to be prescribed, and the potential associated risks, the
6	expected result, and the feasible alternatives, including comfort care,
7	hospice care, and pain control.
8	I request that my attending physician prescribe medication that
9	will end my life in a humane and dignified manner.
20	DUTE AL ONE
21	INITIAL ONE:
22	I have informed my family of my decision and taken their
23	I have informed my family of my decision and taken their opinions into consideration.
23 24 25 26	I have decided not to inform my family of my decision.
26	I have no family to inform of my decision.
27	I understand that I have the right to rescind this request at any time.
28	I understand the full import of this request, and I expect to die when I
29	take the medication to be prescribed.
30	I make this request voluntarily and without reservation, and I accept
31	full moral responsibility for my actions.
32	
33	Signed:
34	Dated:
35	DEGLADATION OF WITH IERGER
36	DECLARATION OF WITNESSES
37	We declare that the person signing this request:
88 89	(a) Is personally known to us or has provided proof of identity; (b) Signed this propert in our processor.
9	(b) Signed this request in our presence;

AB 654 -12-

1 (c) Appears to be of sound mind and not under duress, fraud, or undue influence;
3 (d) Is not a patient for whom either of us is the attending physician.
4 Witness 1/Date
6 Witness 2/Date

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 NOTE: One witness shall not be a relative (by blood, marriage, or adoption) of the person signing this request, shall not be entitled to any portion of the person's estate upon death, and shall not own, operate, or be employed at a health care facility where the person is a patient or resident. If the patient is an inpatient at a health care facility, one of the witnesses shall be an individual designated by the facility.

SEC. 2. No reimbursement is required by this act pursuant to Section 6 of Article XIII B of the California Constitution because the only costs that may be incurred by a local agency or school district will be incurred because this act creates a new crime or infraction, eliminates a crime or infraction, or changes the penalty for a crime or infraction, within the meaning of Section 17556 of the Government Code, or changes the definition of a crime within the meaning of Section 6 of Article XIII B of the California Constitution.